

Social emotional skill development for students and teachers (Student Services) and health education (ICA) are working to integrate with district mandates and policies such as: Positive Behavioral Intervention Supports, Restorative Justice, Trauma Informed Care, and Equity. Robert Gray Middle School won a Fuel Up to Play 60 grant from the Oregon Dairy Council for physical activity and nutrition related activities.

Reinstatement of all Physical Education teachers allowing physical education to continue without modification.

Vernon, Atkinson, Franklin, Sitton, Roosevelt, and Madison won Nike grants to expand physical activity for students.

Areas of concern:

No designated point person responsible for wellness at the school level who is trained and informed on the wellness policy and how to implement a wellness program.

Sequential, evidence-based K-12 health curriculum including nutrition education.

Possible loss of funding for farm to school, reduced lunch, and SNAP-Ed from the state.

Breakfast after the bell implementation in schools with breakfast at no charge is inconsistent.

Concern for K-8 students not getting enough physical education.

WAC 2017-18 work plan:

Submit updated Student Wellness through Nutrition and Physical Activity policy and AD to Board for ratification.

Introduce the Whole School, Whole Community, Whole Child (WSCC) model which expands on the Coordinated School Health approach and acknowledging that learning, health, and the school are part of a reflection of the local community.

Update the Wellness Advisory Committee membership guidelines and operating protocols.

Recruit additional members including students, teachers and more departments.

Share wellness opportunities and best practices via multiple district communication channels.

Support pilot programs to increase the number of PE minutes in grades K-5.

Encourage schools to utilize wellness resources

- o Whole School, Whole Community, Whole Child WSCC
- o Alliance for a Healthier Generation
- o Fuel Up to Play 60

Membership

Chair: Asta Garmon, Program Manager in Nutrition Services Portland Public Schools

Co-Chair: Jenny Withycombe, Health & PE TOSA, Portland Public Schools

Members:

- o Inge Aldersebaes, Parent/Trust Associate Director & School Employee Wellness Director, OEA Choice Trust
- o Rachel Drushella, Senior School Employee Wellness Program Officer, OEA Choice Trust
- o Elana Emlen, Parent/School Wellness Specialist, MESD
- o Gitta Grether-Sweeney, Director of Nutrition Services, Portland Public Schools
- o Joanne Lyford, SNAP-Ed Program/Site Manager, Oregon State University Extensions
- o Beth Madison, Principal, Robert Gray Middle School, Portland Public Schools